

## COMITTE CANTINE DE L'ECOLE EUROPEENINE DE BRUXELLES IIII - IXELLES









| NACKS                              |   |  |                                      |   |
|------------------------------------|---|--|--------------------------------------|---|
| Monday, 13 May                     | Tuesday, 14 May   | Wednesday, 15 May  | Thursday, 16 May                     | Friday, 17 May                              |
| Cornflakes<br>Half skimmed milk    | Grey bread<br>Gouda<br>Sugar-free fruit compote               | Piccolos<br>Pitted green olives or<br>tomato / cucumber (in season)<br>Olive oil | Multigrain bread<br>Chocolate spread | Baguette fitness<br>Brie farmer             |
| Fruit / water                      | Water   | Natural yogurt / fruit / water   | Milk / fruit / water                 | Fruit / water                               |
| Monday, 20 May                     | Tuesday, 21 May   | Wednesday, 22 May  | Thursday, 23 May                     | Friday, 24 May                              |
| HOLIDAY                            | Soft sandwich<br>Jam  | Multigrain bread<br>Butter<br>Emmenthal  | Ciabatta<br>Olive oil                | Fruit muesli                                |
|                                    | Milk / fruit / water  | Fruit / water  | Milk / fruit / water                 | Milk / fruit / water                        |
| Monday, 27 May                     | Tuesday, 28 May   | Wednesday, 29 May  | Thursday, 30 May                     | Friday, 31 May                              |
| Pistolet<br>Natural chicken fillet | Baguette<br>Honey   | Fitness bread<br>Philadelphia  | Puffed rice<br>Natural yogurt        | Bagnat<br>Cheddar                           |
| Milk / fruit / water               | Milk / fruit / water  | Fruit / water  | Fruit / water                        | Fruit / water                               |
| Monday, o3 June                    | Tuesday, 04 June  | Wednesday, 05 June   | Thursday, o6 June                    | Friday, 07 June                             |
| White bread<br>Jam                 | Grissini<br>Vegetable tapenade<br>Drinkable strawberry yogurt | Grey baguette<br>Peanut butter<br>White cheese                                   | Ciabatta<br>Mozzarella / tomato      | Soft sandwich<br>Butter<br>Banana milkshake |
| Milk / fruit / water               | Fruit / water   | Fruit / water  | Fruit / water                        | Fruit / water                               |

Dairy: Yogurt or whole cream cheese

Milk : Half-skimmed milk

Bread: Tartine, pistolet, sandwich, brioche, fresh cramique from our baker, baguette, emperor bread, mini ciabatta, piccolo are products that are pre-cooked and finished in the kitchen